

Our practitioners, their qualifications and accreditations

Counsellors

Our counsellors are all qualified to at least Diploma level and work in a variety of ways including person-centred, psychodynamic and integrative models. We have a Cognitive Behavioural Therapy practitioner, and specialist counsellors who work with children and young people and with alcohol/drug issues. All counsellors registered with their professional body ([COSCA](#) or [BACP](#) or [BABCP](#)) and receive regular practice supervision.

Rosie Alexander
June Anderson
Rachel Ashton

Barbara Cordukes
Katie Eaton (in training)
Helen Hiscoke
Rachel Spence

Hannah Stanger
Sue Wall
Eimear Young

Play Therapists

Our Play Therapists are registered with [Play Therapy UK](#), which is regulated by the [Professional Standards Authority](#).

Renate Andrews
June Anderson

Family Mediators

Our Family Mediators are [approved to practice](#) by the Office of the Lord President of the Court of Session.

Tamsin Bailey
Barbara Smith

Support Workers

Our Support Workers have a range of experience and training to work with families and individuals, offering practical tools and coping strategies. Some are also qualified counsellors and all have COSCA Basic Skills Certificate

Rachel Ashton
Helen Pepper

Lorinda Logan
Sharon Stephen